



3rd-4th GRADE RULES

<i>Rule</i>	<i>Explanation/Comments</i>
Goal Height	9 feet
Ball Size	28.5"
Games consist of six, 6-minute segments and an 8 minute halftime. One minute is allotted for substitutions between segments.	This keeps games to approximately an hour time frame.
Score IS kept	Young athletes at this age should learn how to handle winning and losing after competition. This translates into learning valuable life lessons
5-second violation is called for offensive players in the key and results in a turnover	At this age, young athletes should understand the concept of offensive movement by not allowing an offensive player to stay in the lane more than 5 seconds
Coaches are allowed to walk the sideline in front of their bench to encourage and instruct players.	The focus is for coaches to instruct and encourage players at all times.
No double teaming.	Players must guard the player with the corresponding color band.
No guarding in the back court.	This allows the offensive team an opportunity to advance the ball and attempt to set up their offense.
Free throws are awarded on all shooting fouls.	Free throws will be shot from 12 feet.
Clock runs continuously with special rules in effect with fewer than two minutes remaining in the game: <ul style="list-style-type: none"> > Non-shooting fouls result in the offensive team getting one point and the ball. > Shooting fouls result in the offensive team scoring two points. The opposing team then takes possession. > Players fouled in the act of shooting and making the basket are credited with the basket plus one point. The opposing team then takes possession. 	Because the clock does not stop, this rule keeps the game moving without wasting the running game clock on lining up for free throw attempts
All players are allowed two (2) fouls each period. After the 2nd foul is committed, the player is out for the remainder of the period	This rule helps players understand that they need to be careful to control their bodies at all times.