

# PLAY WITH PURPOSE™



## KINDERGARTEN RULES

<i>Rule</i>	<i>Explanation/Comments</i>
Goal Height	8 feet
Ball Size	25"
Games consist of six, 6-minute segments and an 8 minute halftime. One minute is allotted for substitutions between segments.	This keeps games to approximately a 45-minute time frame.
Score is not kept	The focus of this age is to learn fundamentals, not winning and losing
The defensive team must wait until the offense crosses the Blue Line before they can begin guarding them.	This allows players to actually advance the ball and get a shot off.
Coaches are allowed on the floor with players. They serve as referees.	The focus is for coaches to instruct and encourage players at all times.
Stealing the ball from the dribbler is not allowed. This includes grabbing from the offensive player while holding the ball.	To encourage the offensive player to dribble with correct form without the pressure of having the ball stolen
Stealing the ball off a pass is allowed	To encourage the offensive player to pass with correct form and with accuracy
Violation is not called for having two hands on the ball while dribbling	Due to limited hand-eye coordination, this allows a player to establish correct dribbling form through rhythm and pressure on the ball
Violation for double dribbling is called but does not result in a turnover	Players should learn the concept of double dribble but should be allowed the opportunity to correct it without penalty
Violation for traveling is called but does not result in a turnover	Players should learn the concept of traveling but should be allowed the opportunity to correct it without penalty
Violation for traveling is not called when a player shuffles feet when trying to set up for a shot	Because this age group is single skill focused, players will tend to shuffle their feet when focusing on setting up for a shot. This is corrected as the player develops in skill as he gets older.
Teams will use the Upward Substitution system to ensure equal playing time	No player will sit back-to-back periods and over the course of the season, each player should play an equal amount of time. Players must guard the player with the corresponding color band.
Shooting fouls do not result in free throw attempts	The offensive team will get the ball at the top of the key and replay the possession