

1

Are we overcome by guilt from past or current sin?
 Are we overcommitted beyond God's current will for us?
 Are we overdrawn-running on empty, relying on our own strength?

2

1. Are we overcome by guilt from past or current sin?

THE PRAYER OF CONFESSION IS GOD'S GIFT FOR UNLOADING THE WEIGHT OF SIN.

3

WHEN IT COMES TO SIN, SILENCE HURTS YOU

Pride – "I'll fix it myself."
Fear – "God won't forgive me."
Shame – "I can't even say it aloud."
Pleasure – "I don't want to give it up."

4

WHEN IT COMES TO SIN, SILENCE HURTS YOU

- Silence blocks God's healing work
- Silence distorts our view of God

Guilt unspoken becomes guilt unhealed

5

SPEAK UP-AND BE FREE

- Confession acknowledges a broken standard
- Confession admits a corrupted life
- Confession recognizes a broken relationship

Confession: " I missed your standard.
I twisted the truth. I turned my back
on God and others."

6



